

13:03:39 From Gabriela Alarcon to Everyone:

Hi everyone :)

13:07:49 From Analisa Winther to Everyone:

In this model, it seems like we are out of bounds with CO2. Am I reading it wrong?

13:08:24 From Stefan Fiedler to Everyone:

Replying to "In this model, it se..."

Still within bounds\* but just CO2, there's many other greenhouse gases that are much worse than CO2

13:09:07 From Stefan Fiedler to Everyone:

Replying to "In this model, it se..."

Sorry, still within the bounds of high risk but yes already out of stable planetary bounds

13:10:45 From 0-Universidad para la Cooperación Internacional to Everyone:

Hi! If you have any questions about the moodle feel free to contact me. Remember to add your intros in Getting to know each other. Also I wanted to ask for a volunteer to create a visual harvest for today's session. Here are the guidelines, so we can have a creative and insightful version of each live session.

13:14:28 From Stefan Fiedler to Everyone:

On the note of who decided to poison food, the chemical industry of post WWII USA needed to sell so much surplus chemicals and the agricultural industry was ripe for selling to and creating a dependency on chemicals. So I think that's a part of that story.

13:16:10 From Analisa Winther to Everyone:

I'm doing a lot of money mindset work which is so much about moving from scarcity to abundance! Love to see that parallel in this work. Its A LOT of unlearning for all of us in that department

13:20:18 From Karina Viquez to Everyone:

Yo have that link of the video in the moodle 🕒

13:28:27 From Deepa Mirchandani to Everyone:

Is the data live and so a management response is in real time or is it done intermittently over time?

13:30:18 From Analisa Winther to Everyone:

That's incredible

13:30:28 From Analisa Winther to Everyone:

I'm curious about examples of reverting gentrification

13:31:37 From Jorge Benavides to Everyone:

I wanted to ask the same. About reverting gentrification. Specially with cases such as Guanacaste beaches and costarrican agricultural lands that go from local families to big agrofood players.

13:33:49 From Analisa Winther to Everyone:

Using what? Balsat?

13:34:07 From Stefan Fiedler to Everyone:

BEAUTIFUL SOIL WOW

13:34:49 From Obed Azofeifa to Everyone:

Balsa tree "Ochroma pyramidale"

13:34:51 From Karine S to Everyone:

I was thinking the same, about regeneration in urban areas

13:35:34 From Analisa Winther to Everyone:

Are there any good resources that talk more about mother trees? I feel like I need to do a podcast on that

13:35:40 From Obed Azofeifa to Everyone:

They grow really fast, 6-10 years to reach maturity

13:37:27 From Analisa Winther to Everyone:

Eduard I am so curious about how you spend your time!

You are involved and giving advice on so many major projects. Wow!

13:37:48 From Akanksha Anand to Everyone:

Replying to "Eduard I am so curio..."

Same question!

13:38:16 From Tomas Fileni to Everyone:

I was wondering which are the emotional triggers that ignite regeneration processes involving humans?

Survival is probably one, any other ideas?

13:39:03 From 0-Universidad para la Cooperación Internacional to Everyone:

Biochar = charcoal-like substance that's made by burning organic material from agricultural and forestry wastes (also called biomass)

13:39:44 From Stefan Fiedler to Everyone:

Replying to "I was wondering whic..."

Maybe need for belonging? if community and onthology is aligned with regeneration, then I think living in a regenerative way is a given

13:40:07 From Obed Azofeifa to Everyone:

[https://www.academia.edu/108250795/Biochar\\_A\\_Comprehensive\\_Overview\\_of\\_Its\\_Role\\_in\\_Soil\\_Health?email\\_work\\_card=reading-history](https://www.academia.edu/108250795/Biochar_A_Comprehensive_Overview_of_Its_Role_in_Soil_Health?email_work_card=reading-history)

13:40:17 From Stefan Fiedler to Everyone:

Replying to "I was wondering whic..."

It's a great question, would love to hear others' ideas

13:41:00 From Stefan Fiedler to Everyone:

Biochar and compost is part of the reason why the amazon is so abundant

13:41:01 From Stefan Fiedler to Everyone:

[https://en.wikipedia.org/wiki/Terra\\_preta](https://en.wikipedia.org/wiki/Terra_preta)

13:41:30 From 0-Universidad para la Cooperación Internacional to Everyone:

cross-functional teams 😊 and a huge amount of passion I would say

13:42:10 From Gabriela Alarcon to Everyone:

Is regenerative agriculture the same as permaculture ? If it is not, what are the differences?

13:43:30 From Stefan Fiedler to Everyone:

What's the name of the coop?

13:43:39 From Elyes Mkacher to Everyone:

Replying to "Is regenerative agri..."

I wd say no. permaculture is about culture, not just agriculture. And is also much about design, ethics and principles we can apply in any field.

13:44:02 From 0-Universidad para la Cooperación Internacional to Everyone:

Cooperegenerativa

13:44:50 From Obed Azofeifa to Everyone:

Replying to "Is regenerative agri..."

Regenerative agriculture focuses on farming practices that restore soil health, reduce carbon footprint, and improve biodiversity. It's primarily concerned with food production and farming techniques that regenerate the land.

Permaculture, on the other hand, is a broader design system that applies principles of ecology and sustainability not only to farming but to housing, energy, and community design. It aims to create self-sufficient and sustainable ecosystems by closely mimicking nature.

13:44:57 From 0-Universidad para la Cooperación Internacional to Everyone:

<https://www.facebook.com/cooperegenerativa/>

13:47:48 From Analisa Winther to Everyone:

@Karina Viquez would love to hear more about how you set up the org design, cross functional teams, etc. I know lots of us are interested in designing regen orgs and this is a great role model example

13:48:02 From Tomas Fileni to Everyone:

He shares lots of insights on how to design and manage a foodforest:

<https://www.youtube.com/@byron.in.new.zealand>

13:49:33 From Analisa Winther to Everyone:

I know we touched upon this last session but.... Curious how Eduard feels about AI and the existential threat to reality when it comes to inclusive development + jobs in the future

13:50:07 From Stefan Fiedler to Everyone:

omg I did not know about that law that's horrifying

13:50:16 From Analisa Winther to Everyone:

Article link about that?

13:51:24 From Deepa Mirchandani to Everyone:

Worth checking out Vandana Shiva talking about seed banks - from an Indian context in particular often but universal

13:51:59 From Akanksha Anand to Everyone:

for one, monoculture farming needs to be discouraged... should we discuss that post session time or within?

13:53:27 From 0-Universidad para la Cooperación Internacional to Everyone:

we will have a Q&A soon, and besides that, we have the forum in the moodle and the wa group.. as you prefer :)

13:55:20 From Elyes Mkacher to Everyone:

Eating healthy, and also Fasting are regenerative practices

13:55:49 From Analisa Winther to Everyone:

Those cows are so cute. I love their ears!

13:56:09 From Akanksha Anand to Everyone:

Replying to "Worth checking out V..."

Brilliant thanks for sharing Deepa.. Are you also aware of the 'Save the Soil' movement by Isha Foundation in India and globally I think... I'm not very deeply knowledgeable on it, but worth exploring and learning from their case study...

13:57:37 From Karine S to Everyone:

Harvest water as the people in the Andes do?

13:57:38 From Analisa Winther to Everyone:

What a great measurement. Our vision is to see the river flowing again.

14:00:04 From Deepa Mirchandani to Everyone:

Replying to "Worth checking out V.."

I'm a bit sceptical about Isha's programmes tbh..they had a river project too. Political right linkages make me nervous!

14:00:19 From Elyes Mkacher to Everyone:

Dead roots feed the soil, also decompact it, make space for air and water after they are consumed.

14:01:57 From Akanksha Anand to Everyone:

Replying to "Worth checking out V.."

Oh yes I couldn't agree more.. I'm just amazed right now by how aligned they seem to be... I'm just noting that.. Rest we can only know if we have more (and transparent) info..

14:02:34 From Stefan Fiedler to Everyone:

<https://www.merlinsheldrake.com/entangled-life>

14:05:29 From Stefan Fiedler to Everyone:

and carbon is priced at an obscenely low price which impairs its effectiveness

14:08:12 From Stefan Fiedler to Everyone:

did a jaguar ever eat a cow?

14:10:27 From 0-Universidad para la Cooperación Internacional to Everyone:

calves mostly, where I grew up we used to see it 20-25 years ago. In La Cruz, near Guanacaste Conservation Area in the northern area

14:10:52 From Stefan Fiedler to Everyone:

Replying to "calves mostly, where..."  
cool.

14:10:59 From Analisa Winther to Everyone:

What is citizen science

14:12:08 From Elyes Mkacher to Everyone:

Loved that corridor crossing the city!! What city is that?

14:13:26 From Karine S to Everyone:

Replying to "What is citizen scie..."

people from the community getting involved in taking data and monitoring for research and learning

14:15:22 From Deepa Mirchandani to Everyone:

[www.sugiproject.com](http://www.sugiproject.com) is creating urban forests

14:15:27 From Akanksha Anand to Everyone:

Come together and let's do it.. Love that 💕

14:31:42 From Deepa Mirchandani to Everyone:

Juntos and Terra Viva in Ibiza is doing this at a small scale