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| **First activity**: The Origin of your Food1. Review the centers of origin tables and identify how many of the foods you eat come from each of them.
2. Record your results in the following table.
3. Analyze your findings, and in one or two paragraphs write what conclusions the exercise leads you to

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| --- | --- | --- | --- |
| **Center of origin** | **#** | **Center of origin** | **#** |
| South and Southeast Asia |  | Yangtze River Basin |  |
| Southwest Asia |  | North America |  |
| Africa |  | Mesoamerica |  |
| Mesopotamia and Türkiye |  | Andes Plateau |  |
| New Guinea and Australia |  | Amazon River Basin |  |

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