

# Catalysing Participation with Visual Facilitation

Certificate of Regenerative  
Entrepreneurship 2024

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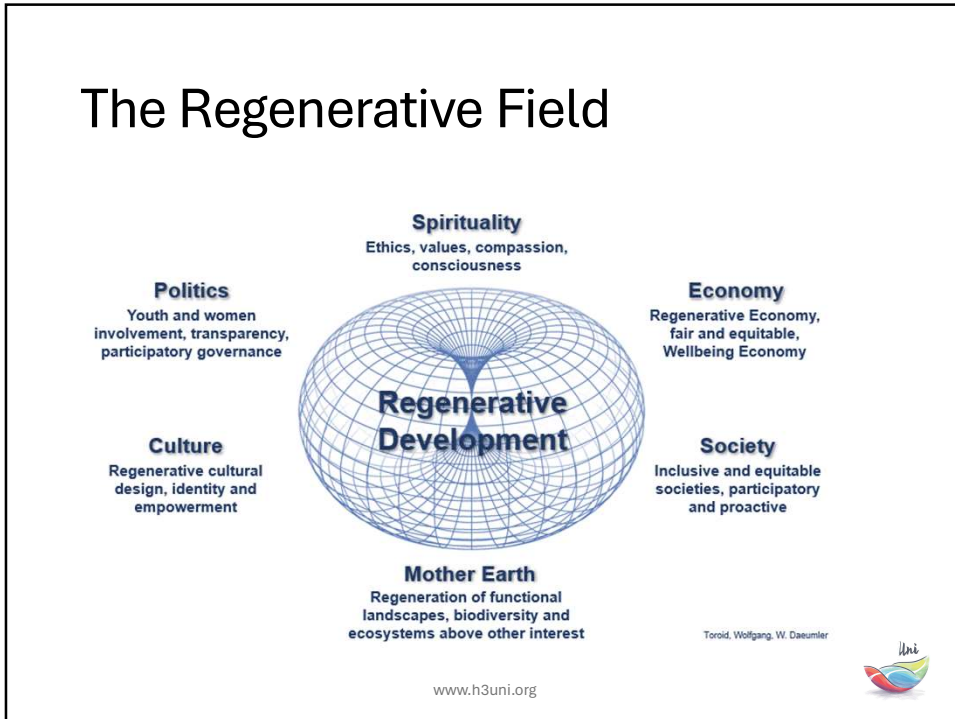
## Some Key Requirements for the Regenerative Approach

- Social-ecological systems that mutually reinforce wellbeing within and beyond themselves, particularly between humans and wider nature
- A system is regenerative if it creates positive externalities over its lifecycle in the living patterns and systems with which it interacts and on which it depends.

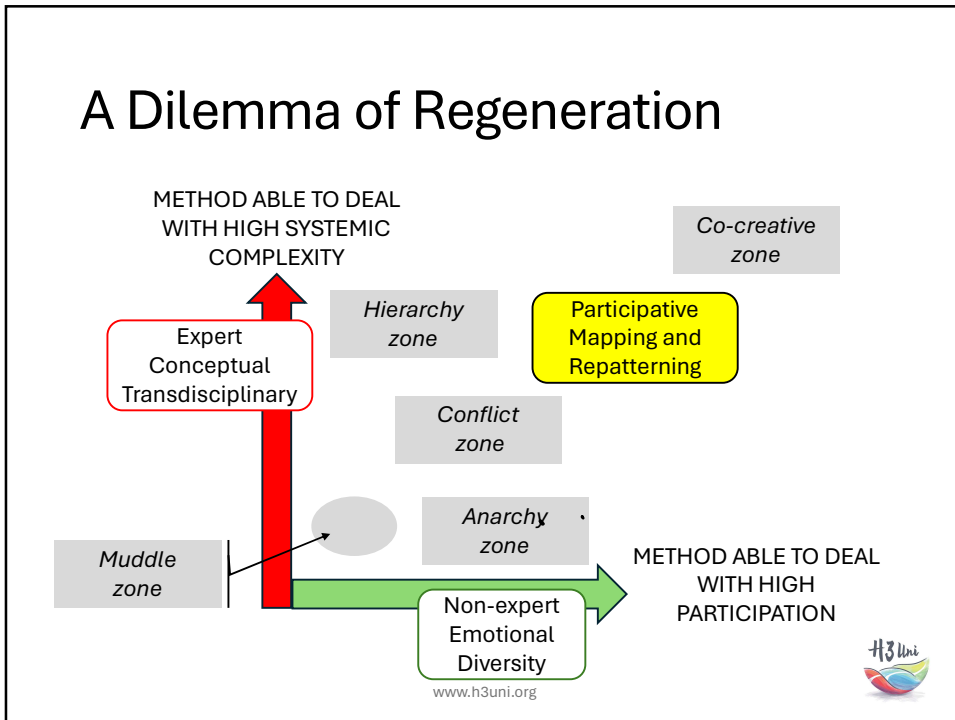
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## H3Uni Visual Methodology Participative Repatterning

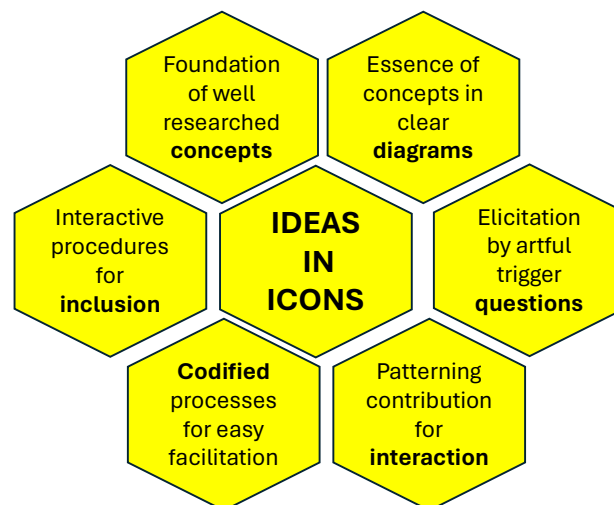
- Foundation of well researched **concepts** that shed light on complex situations
- Essence of the concept in **diagrams** that hold together key variables and factors in the complex situation
- Artful trigger **questions** that elicit tacit as well as explicit information from collaborating participants
- Procedures and protocols for interaction ensuring openness and **inclusion**
- Capturing **contributions** in forms that can be patterned and repatterned to enable synthesis and creative emergence
- **Codification** of facilitation processes that optimise the application of any method

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## H3Uni Visual Methodology

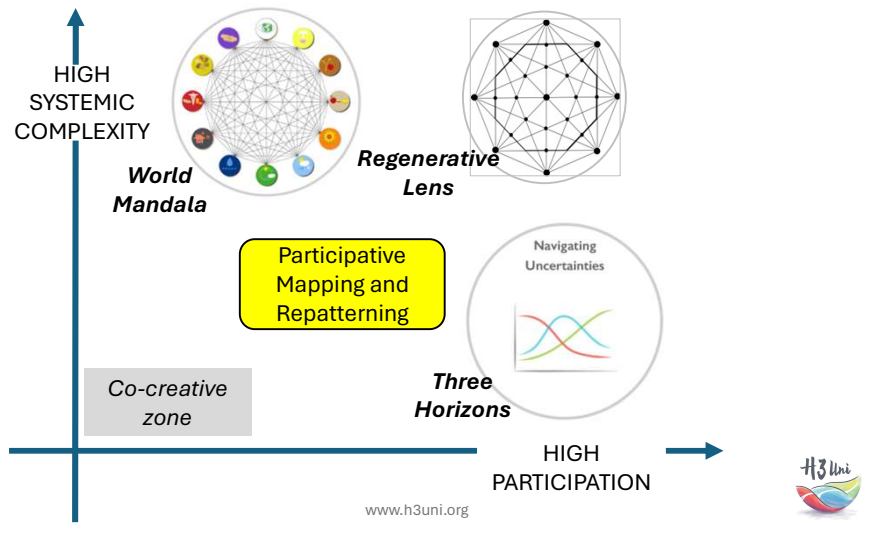


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## The Resolution Zone – Three Catalytic Methods



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## Three Horizons

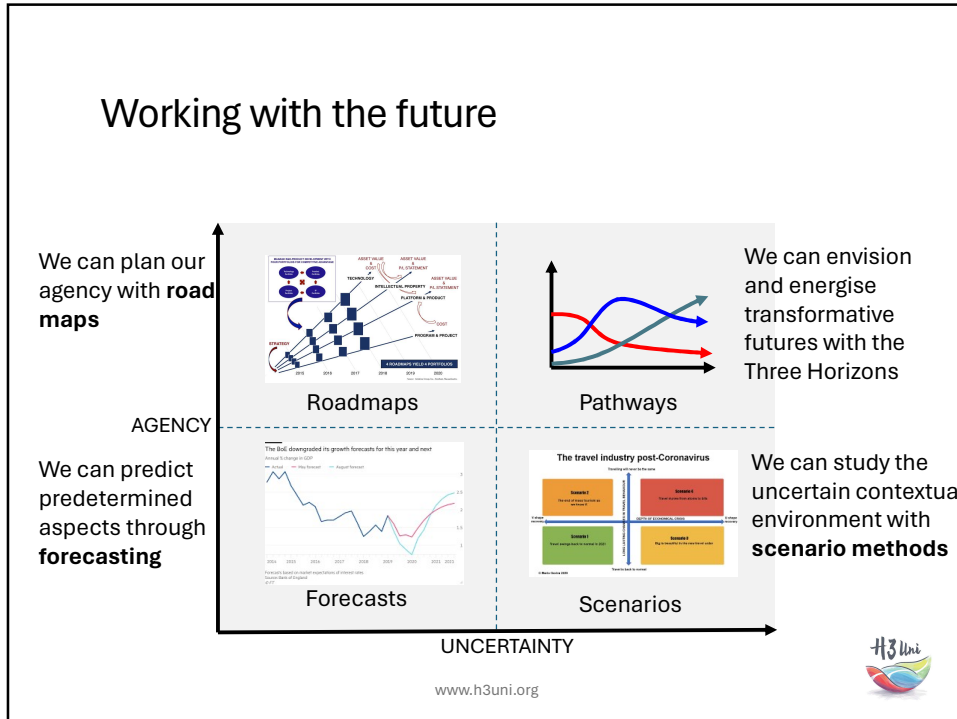


The *Three Horizons* method reduces difficulties in thinking about the future by providing a context in which enables people to legitimately share different perspectives both amongst each other and internally in their own minds.

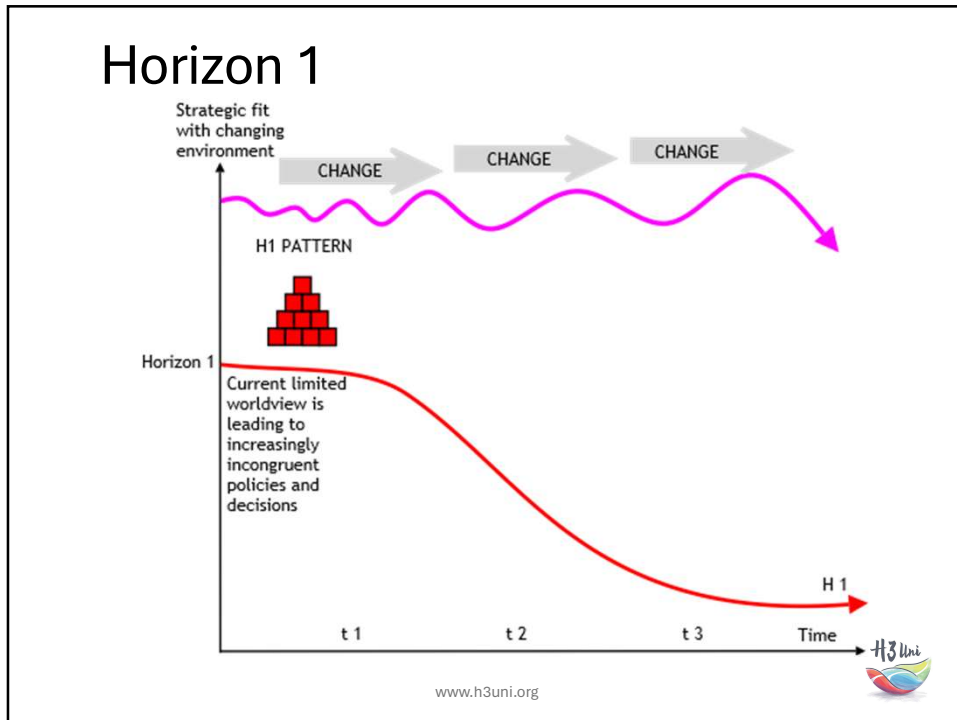
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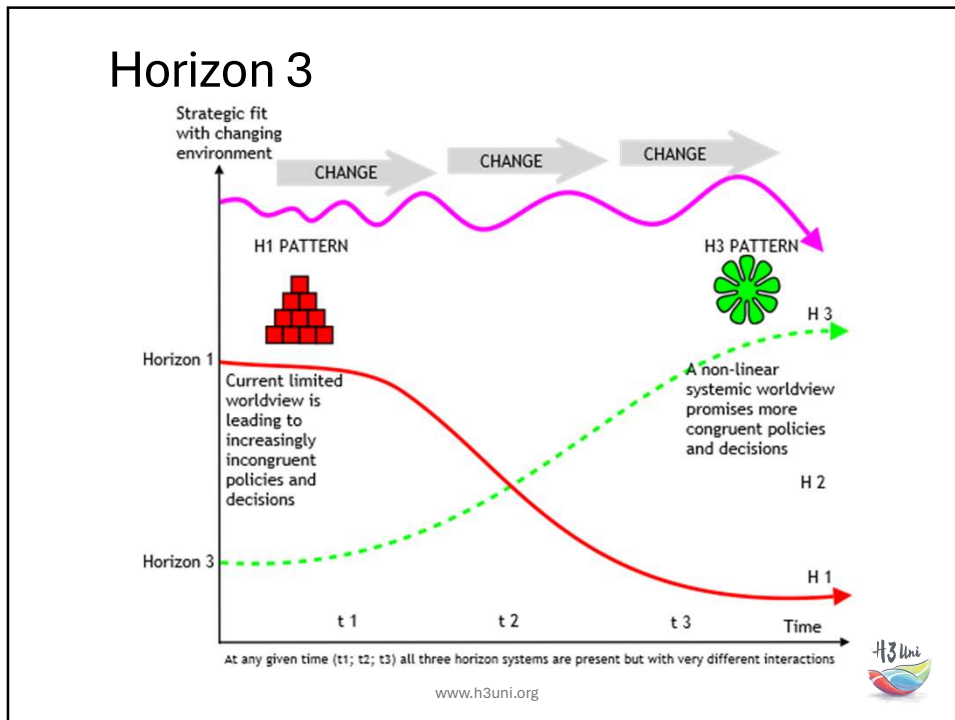
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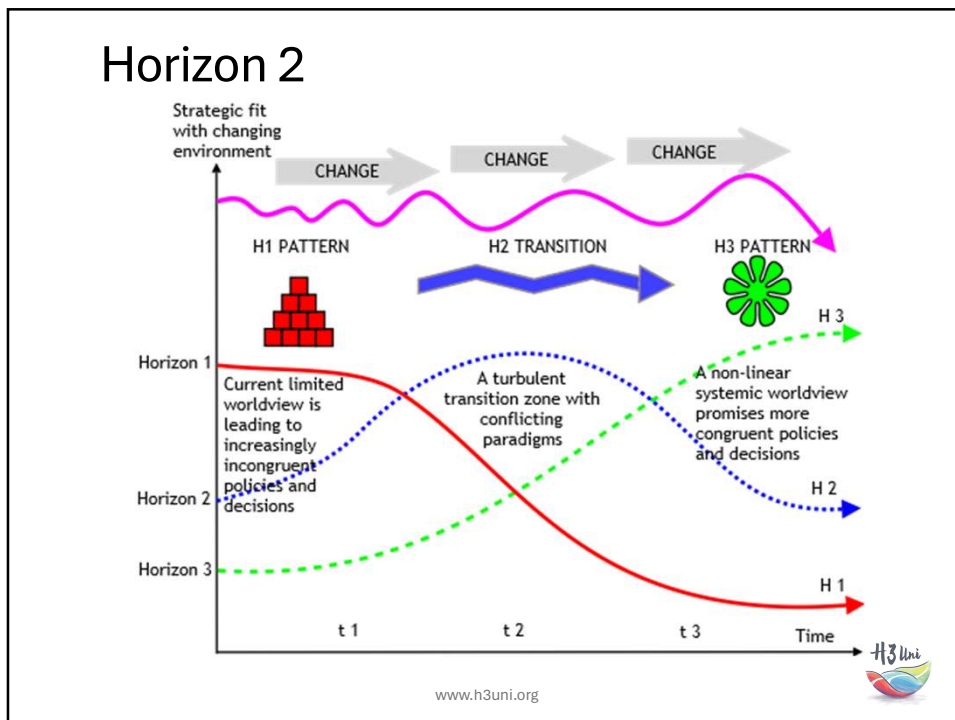
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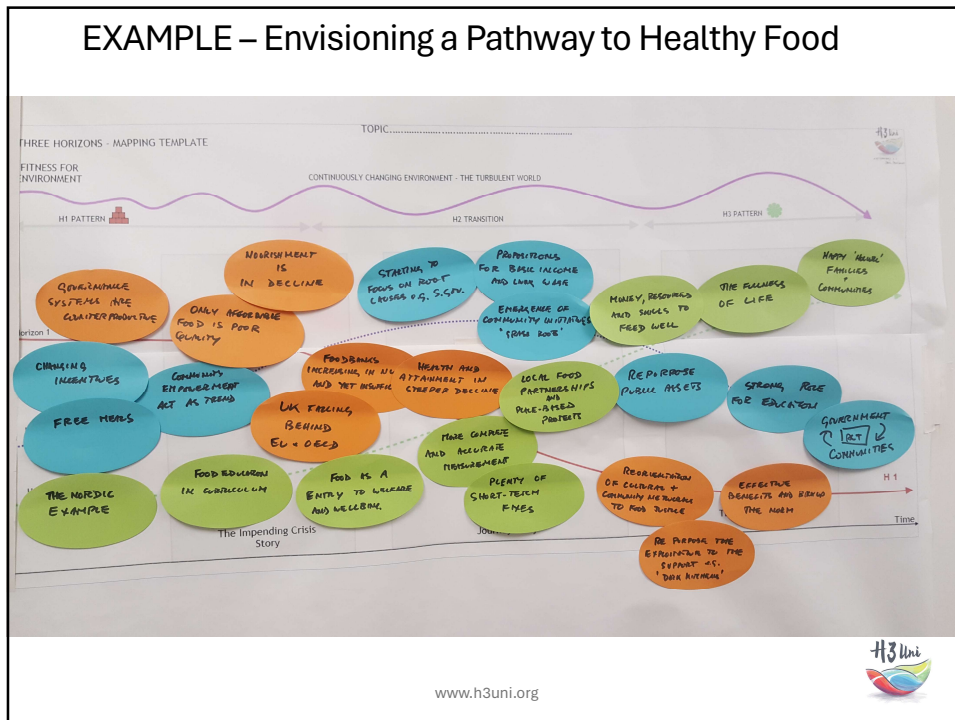


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## EXAMPLE – Envisioning a Pathway to Healthy Food



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## World Mandala

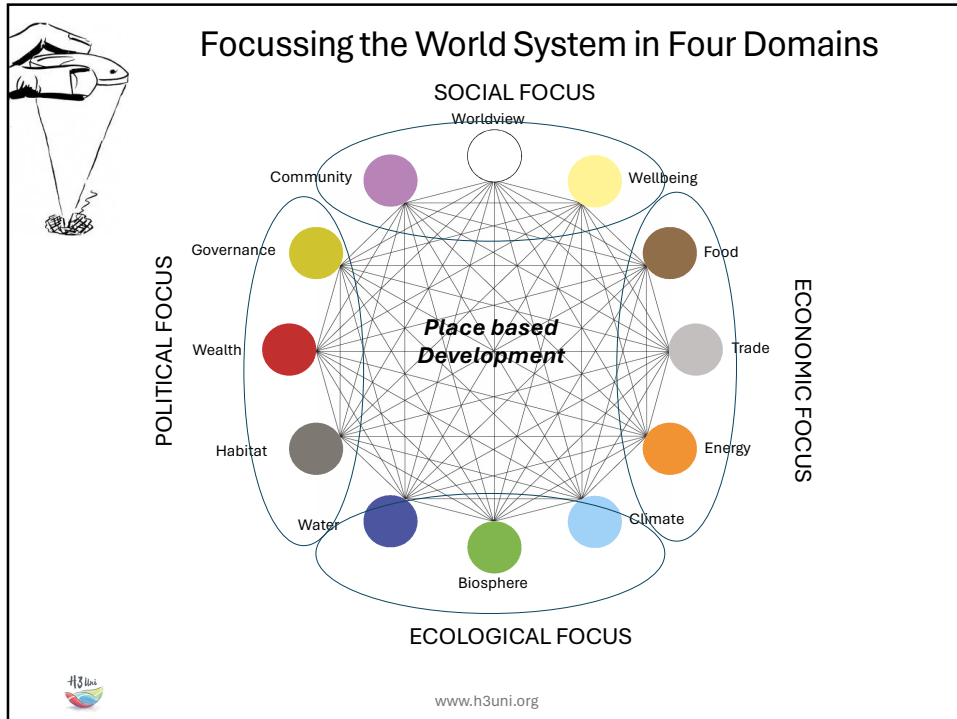


- Simple (but not simplistic) mental model of viability
- 12 major subsystems
- 66 interconnections
- Covers all the SDG but in a **joined-up way**
- Helps orchestrate mapping, participation and learning

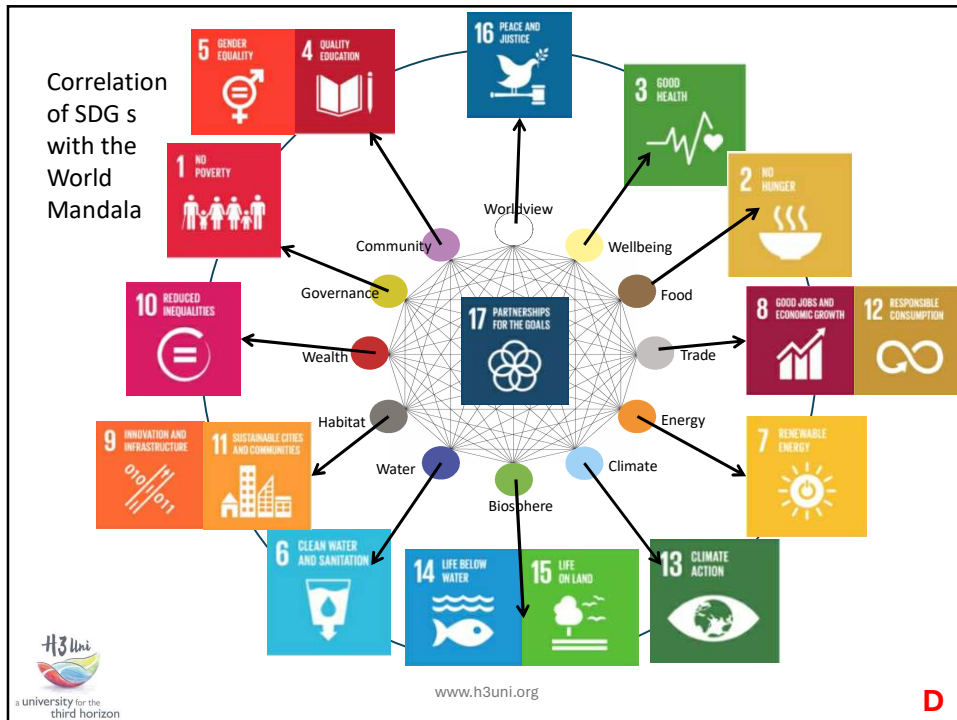
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## Reviewing Systemic Patterns of Synergy

Will this initiative ....

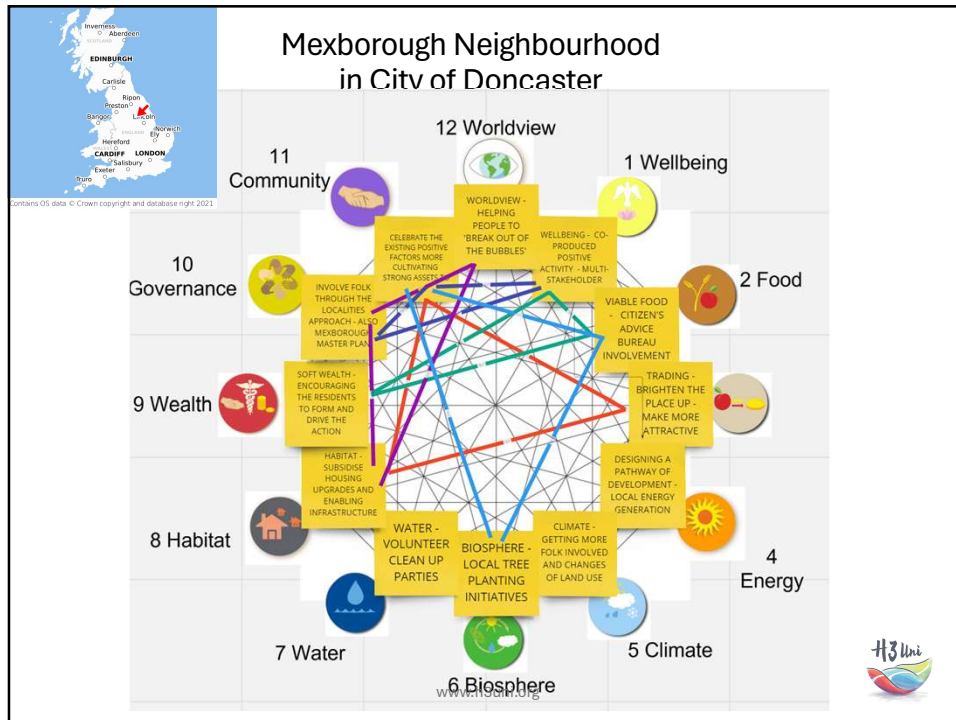
1. Create a harmonious effect with other nodes	★	★	★	★
2. Be supportive to other initiatives				
3. Make more effective use of resources				
4. Create more resilience in the system				
5. Contribute to regeneration				
6. Balance human, ecological and planetary interdependence				
7. Create an evolutionary dynamic				
8. Extend our common platform for learning				
	POSITIVE	AMBIGUOUS	NEGATIVE	TRANSGRESSIVE

CAUSAL TEXTURE

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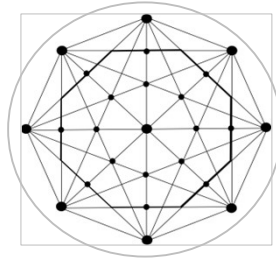


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# Regenerative Lens



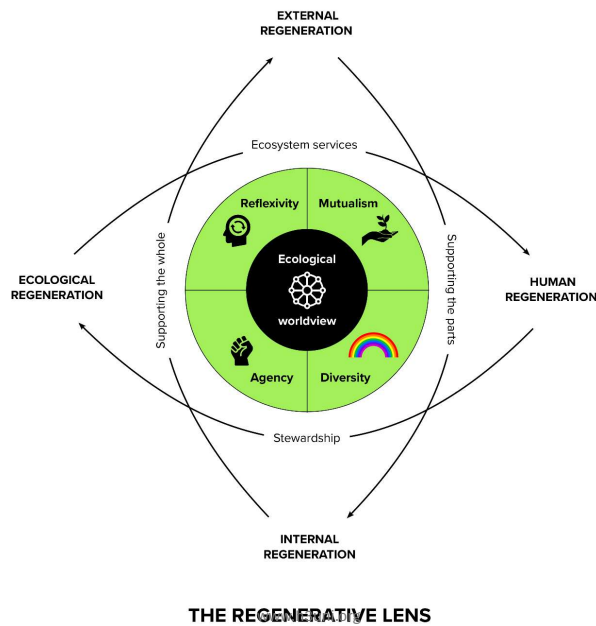
This perspective aims to provide a new, interdisciplinary, action-oriented framework for regenerative social-ecological systems, with specific emphasis on outcomes and underlying dynamics as well as insights into supporting shifts towards regeneration

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# Distilled Version



**THE REGENERATIVE LENS**



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## Whole System Qualities

### REFLEXIVITY

- Continuous transformations
- Future consciousness

### DIVERSITY

- Bringing forth a world
- Patterning of hope
- Each person respected

### MUTUALISM

- Maximising regenerative potential
- People, patterns, relationships

### AGENCY

- Power to rather than power over
- Sustaining resilience and adaptive learning

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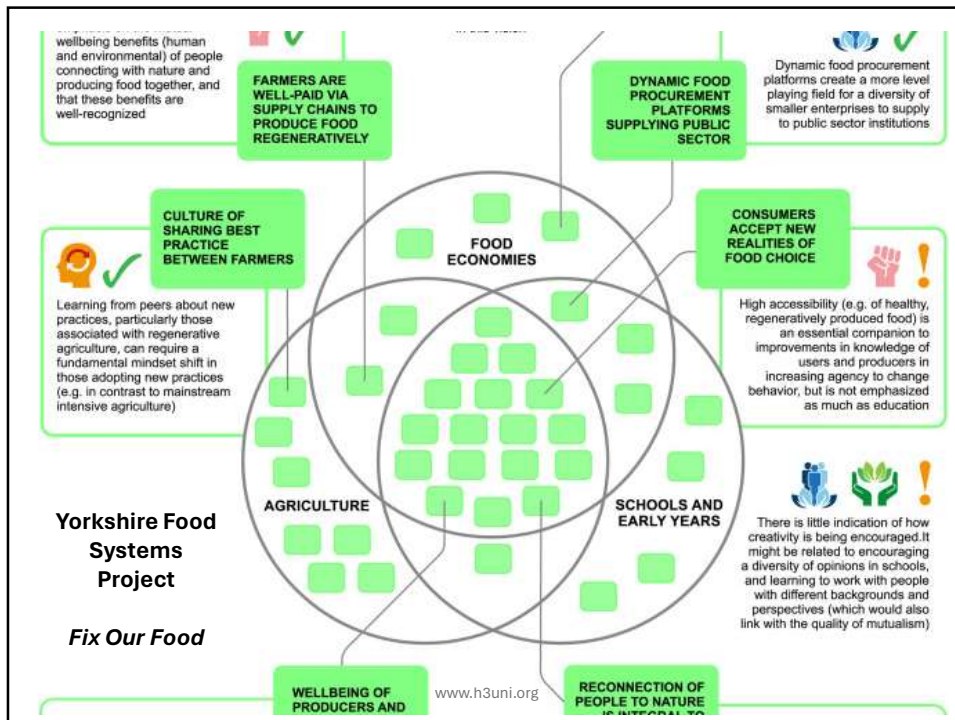
## Potential of the Regenerative Lens

- Driving ambition and imagination in creating new kinds of future, especially in the context of three horizons futures work
- Maintaining transformational intent in change processes through reflexive review and action planning
- Reflexively evaluating process to keep a balance of the primary dimensions and qualities of regeneration

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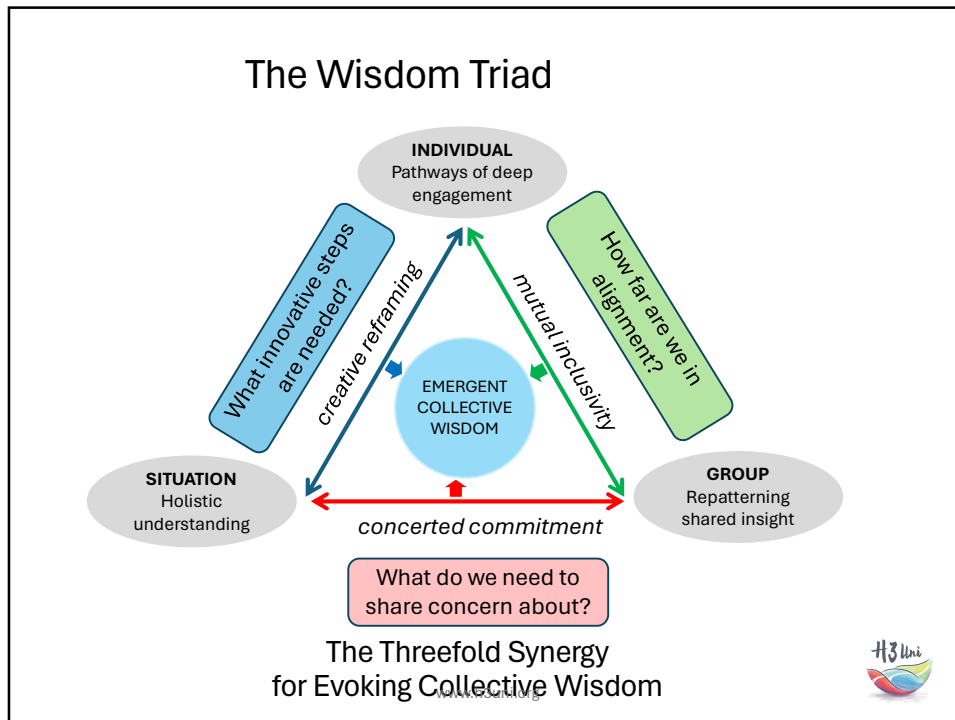
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## Evoking Generative Wisdom

Wisdom is a mutually generated insight, shared by a co-operating group, into issues of common cause through intentional tools and practices for understanding situations.

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## Resources

### *Three Horizons*

- *Three Horizons: Patterning of Hope*, Bill Sharpe
- <https://www.h3uni.org/tutorial/three-horizons/>
- <https://h3uni.org/wp-content/uploads/2022/06/Sharpe-et-al-Pathways-Practice-ES-2016-8388-1.pdf>


### *World Mandala*

- *Ready for Anything: Designing Resilience for a Transforming World*, Anthony Hodgson
- <https://www.h3uni.org/tutorial/three-horizons/>
- <https://h3uni.org/wp-content/uploads/2022/06/Sharpe-et-al-Pathways-Practice-ES-2016-8388-1.pdf>

### *The Regenerative Lens*

- Buckton, Sam, Ioan Fazey, Bill Sharpe, Suzanne Om, and et al. 'The Regenerative Lens: A Conceptual Framework for Regenerative Social-Ecological Systems'. *One Earth*, Science Direct, 6, no. 7 (2023): 824–42.
- Sharpe, Bill, Ioan Fazey, Anthony Hodgson, Graham Leicester, and Andrew Lyon. 'Three Horizons: A Pathways Practice for Transformation'. *Ecology and Society* 21 (2), no. 47 (2016).

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